

CHILD CARE PLAN FOR LAKESIDE PRESBYTERIAN NURSERY SCHOOL

The basic philosophy of the Lakeside Presbyterian Nursery School is summarized in the statement of Mr. Lawrence Frank (author, educator and originator of the Child Study Institute), "Play is the way a child learns what no one can teach him." We provide learning to learn experiences through a well-planned program to develop the three, four, and five-year old child physically, socially, emotionally, and intellectually. The progress of each child in each of these areas will be documented in the child's record and conveyed to the parent during the parent conferences.

PURPOSE

The Lakeside Presbyterian Nursery School is licensed by the State of Minnesota, Department of Human Services, Division of Licensing (612) 296-3971 to serve 40 children at each session - 3 years through 5 years, the child must be three years old by September 1. Hours of operation are: 9:00 AM to 11:30 AM - Tuesday, Wednesday, and Thursday and 12:30 PM to 3:00 PM - Tuesday and Wednesday. The school is sponsored by Lakeside Presbyterian Church but is governed by its own board of directors composed of parents, community leaders, and church leaders. We are a private non-profit organization accepting all children without regard to race, color or creed. Children will have supervision at all times. We operate out of the Christian tradition but teach no particular set of doctrine.

GOALS AND OBJECTIVES

Each child is unique. A valuable pre-school experience allows for optimum individual growth in a caring and creative atmosphere. The following are the goals we have at the Lakeside Presbyterian Nursery School:

TO HELP CHILDREN:

- Learn how to be a part of a group, living effectively with other children, to value one's own right and the right's of others
- Develop self-identity and a view of themselves as having competence and worth
- Grow in the ability to channel impulsive behavior - to turn aggression into hard work, talk instead of hit, understand the difference between feeling angry and acting angry, feel sympathy for the troubles of others
- Know there are friendly adults outside the home, and learn to work and play independently, be at ease about being away from home
- Realize many opportunities to strive and to succeed - physically, intellectually and socially
- Sharpen and widen language skills, both listening and speaking
- Be curious, that is to wonder, to seek answers to questions
- Strengthen physical skills, using large and small muscles
- Express themselves through materials, movement, and language by providing ample time and adequate opportunities

PROGRAM

Children construct their own knowledge when provided with developmentally appropriate materials. Provisions are made for periods of active and quiet play - teacher directed and child initiated. Our program includes the following:

- A. **Cognitive**: learning about math, science, social studies, health and other content areas are integrated through meaningful activities such as when children build with blocks, measure sand, water or ingredients for cooking...work with wood and tools, sort objects for a purpose; explore animals, plants, water wheels and gears; sing and listen to music from different cultures; and draw, paint and work with pliable materials like clay and playdough.
- B. **Large and Small Muscles**: children have daily opportunities to develop small muscle skills through play activities such as pegboards, puzzles, painting, cutting and other similar activities. Large muscle skills are developed through play activities with climbers, wheel toys, climbing wall, large building blocks and games using balls, hoops, bean bags and other similar activities.
- C. **Aesthetic**: children experiment and enjoy various forms of music. A variety of art media are available for creative expression such as easel and finger painting, washable markers, playdough, and other tactile materials.
- D. **Motivation**: children's natural curiosity and desire to make sense of their world are used to motivate them to become involved in learning activities.
- E. **Emotional**: multicultural and nonsexist activities and materials are provided to enhance individual children's self-esteem and to enrich the lives of all children with respectful acceptance and appreciation of differences and similarities.

Outdoor Play

Outdoor playground time is scheduled, weather permitting.

Reviewed by _____

Date _____
